

Laws of Life Essay

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Essay Title: Why grit is essential in life

Essay:

A four letter word, so meaningless on the surface, yet somehow a combination of two of the most inspirational qualities I have encountered in my life: persistence and resilience. Grit is the mixture of the ability to continue taking action towards something despite seeing no results, and recovering from hardship and getting back up no matter what happens.

A role model of grit in my family has always been my grandmother, one of the most determined people I have ever met, who pushes me to be just like her. She is a lifelong learner that has inspired me to know no boundaries to my goals, just like her when she worked as an engineer in a male-dominated industry. Heroically, she has gotten through two surgeries yet she still resiliently flies to my city to see me twice a year, always has time to complete a 2000 piece puzzle and is delighted whenever she can offer advice or her experiences which are very insightful.

I remember being a shy XXXX year old battling through my first week at a new school, after having moved to a different country. Puzzled, I sat on the ground in the gym, scrunching my eyebrows at the big screen flashing on for myriads of students. Minutes later, I couldn't help but be enchanted by it. An animation of a biker navigating through obstacles, symbolising the challenges of life; presenting grit in a way nine year olds would understand. After a week of feeling small, barely knowing how to communicate in English, I somehow felt empowered. So that day, a promise was made to myself. I wanted to approach every challenge thrown my way with grit.

Hundreds of nights would be spent reading aloud in English to my father who would ruthlessly correct my pronunciation, just to try to make friends at school the next day. I always felt confident at maths, yet all the English names and word problems stopped me from succeeding. I was at rock bottom. Yet every night I would sit down and pick up a book just to improve. I continued doing maths problems in my mother tongue to keep up with my classmates despite barely understanding the teaching in maths class. Little by little the English conversations didn't seem so out of reach anymore. The maths problems started to make more and more sense and I got my first taste of true success.

So today, XXX and a half years later I look back to my younger self and to my grandmother and thank them for pushing me to do this. With grit, I managed to overcome the biggest curveballs life threw at me. I successfully managed to settle in not one, but two new schools. Countless maths problems, science reports and interesting essays followed. Grit should be implemented into your routine because it truly impacts your ability to achieve your goals and your outlook on life, bringing success and happiness along the way.